

# Benjamin Tipper MA, CPT, E-RYT 500

416 W 29<sup>th</sup> Street, Baltimore, MD, 21211 | Bmoereserene@gmail.com | 443.602.5071 | [Bmoereserene.com](http://Bmoereserene.com)

## EXPERIENCE

---

**Yoga & Fitness Program Manager**, Movement Gyms, Maryland Dec. 2018-Present

- Oversaw yoga and fitness departments for multiple Movement gym locations including classes, events, scheduling, programming, and payroll.
- Hired, onboarded, and managed a staff of 25+ certified instructors. Primary point of contact for staff trainings, evaluations, and compensation.
- Led a transition from outsourced to in-house instructors in Maryland. Assisted our Chicago yoga and fitness relaunch. Created a national peer feedback program. Led our Yoga Teacher Training.

**Founder and Practitioner**, The Serenity Space, Baltimore, Maryland August 2016-Present

- Developed a client-centered appointment structure utilizing self-care exercises and wellness education paired with goal-oriented tracking to affect measured, positive change in peoples' lives.

**Yoga & Fitness Instructor, Personal Trainer**, Various Locations Sept. 2016-Present

- Currently or previously employed by Patagonia, Clipper City Crossfit, Baltimore Yoga Village, Lift Yoga and Strength, Charm City Yoga, YogaWorks, Calvert Hall, and Movement Gyms.

## EDUCATION

---

**Master of Arts in Professional Studies** May 2018  
Towson University, Towson, Maryland Final GPA: 3.91

- Pursued a self-designed curriculum to better work and manage in the health & wellness industry.
- Achieved a near-perfect GPA in a wide variety of different departments and courses including: Biopsychology, Counseling Techniques, Kinesiology, Marketing Healthcare, Motivational Psych.

**Bachelor of Arts in English, Minor in Spanish** December 2014  
Saint Mary's College of Maryland, Saint Mary's City, Maryland Final GPA: 3.84

- Graduated Magna Cum Laude, 4.0 GPA 2 semesters, Dean's List 4 semesters, Jr. and Sr. Scholar.

## COMMUNITY INVOLVEMENT

---

**Founder**, The Sustainable Giving Campaign, Baltimore, Maryland April 2017-Present

- Founded The Sustainable Giving Campaign. Grew the campaign with volunteer management and 5% of my annual income. Fundraised \$118,578 for Baltimore nonprofits since 2017 including:
  - \$16,881 for CASA in 2025.
  - \$13,874 for Paul's Place in 2024.
  - \$15,549 for The Baltimore Farm Alliance in 2023.

**Co-Chair**, Margaret O. Cromwell Family Fund, Baltimore Community Foundation July 2021-Present

**Mentor**, Big Brothers Big Sisters, Baltimore, Maryland Dec. 2015-June 2021

- Maintained a long-term relationship and visits with my mentee little brother through graduation.

## CERTIFICATIONS

---

**E-RYT 500 Registered Yoga Teacher**, Registered by the Yoga Alliance Since Sept. 2016

**Certified Personal Trainer**, Licensed by the American Council of Exercise Since June 2017

**CPR Certified**, Licensed through Certiguard LLC Since Sept. 2016